



## Join us for QSport WORKSHOPS - Understanding Sport Participation for 18-24 year olds

Sunshine Coast: Tuesday May 29<sup>th</sup> 2018 | 9.00-12.30pm | Maroochydore Junior Rugby League Club

Townsville: Monday 4<sup>th</sup> June 2018 | 5.30-8.30pm | Sports House, Townsville

Toowoomba: Wednesday 6<sup>th</sup> June 2018 | 5.30-8.30pm | Toowoomba City Library, Level 3  
Cnr Victoria and Herries Street, Toowoomba City

Brisbane: Wednesday 8<sup>th</sup> June 2018 | 9.30am-1.30pm | Sports House, Milton

Recent national data confirms that 18-24 year olds have the highest drop-out rates from sport of any age group. QSport recently commissioned some research to help SSO's and sport clubs to better understand this young adult cohort including: their **sporting patterns & interests**; their **motivations** and **constraints** to participation; and aspects that might **enable** young adults to sustain, adopt or maintain their sporting activities.

Qsport invite Sporting Club and Association representatives, Council and Government stakeholders to attend this workshop to:

- a) learn about the findings,
- b) share your clubs understandings of sport participation for young adults,
- c) consider how your club/ sport might respond to declining participation, and
- d) share examples of good practice where young adults are sustaining their participation in sport.

The workshop will be facilitated by Donna Little from waytobe Consulting who undertook the desktop research and will seek to draw on the knowledge of the participants in the room to expand the findings.

To register go to <http://www.qsport.org.au/cms/page.asp?ID=32>

Catering will be provided and there are limited spaces for some workshops.

*QSport is proudly supported by the Queensland Government.*

